SOAP Journal Guide

As you read scripture, write down what God is showing you in the following categories:

Scripture

* Write out a verse or passage that stands out to you.

Observation

* Write what the passage says in context.
* Highlight key phrases, themes, questions, audiences, compare/contrasts.
* Write what the passage means: What truths do you find about God, yourself, Jesus, or the world?
* Think deeply on how these truths impact your heart and mind.
* Ask questions like:
  + What can I worship God for?
  + How does Jesus help me become this?
  + What would change if I believed and obeyed this?

Application

* Write out what you plan to do about this passage:
  + Is there a sin to forsake?
  + Is there a promise to claim?
  + Is there an example to follow?
  + Is there a command to obey?
  + Is there something to share with others?

Prayer

* Talk to God about what He has shown you.
* Pray the scriptures over your life, others, and your prayer list.