SOAP Journal Guide

As you read scripture, write down what God is showing you in the following categories:

Scripture

* Write out a verse or passage that stands out to you.

Observation

* Write what the passage says in context.
* Highlight key phrases, themes, questions, audiences, compare/contrasts.
* Write what the passage means: What truths do you find about God, yourself, Jesus, or the world?
* Think deeply on how these truths impact your heart and mind.
* Ask questions like:
	+ What can I worship God for?
	+ How does Jesus help me become this?
	+ What would change if I believed and obeyed this?

Application

* Write out what you plan to do about this passage:
	+ Is there a sin to forsake?
	+ Is there a promise to claim?
	+ Is there an example to follow?
	+ Is there a command to obey?
	+ Is there something to share with others?

Prayer

* Talk to God about what He has shown you.
* Pray the scriptures over your life, others, and your prayer list.