

EQUIP

STUDENT-PARENT CONFERENCE



IDENTITY: FAITH VS. FEAR

Tim Bryant, Lowcountry Biblical Counseling Center

A. Top Ten Insecurities Among American Teens

1. **Physical Appearance**
2. **Academic Abilities**
3. **Social Skills**
4. **Family Circumstances**
5. **Emotional States**
6. **Talents and Skills**
7. **Speaking Voice**
8. **Sexual Attraction**
9. **Digital Life**
10. **Popularity Status**

B. Are You Above or Below the Average? (Self-Evaluation - Scale of 1-10)

- The average female/male in the area of _____ (ability or attractiveness) is a _____, I am a _____.
- The average female/male in the area of _____ is a _____, I am a _____.
- The average female/male in the areas of _____, popularity, and possessions is a _____, I am a _____.

C. Evaluation

How often do you _____ yourself to others?

How often do you _____ other's strengths?

Jeremiah 9 23-24 *Thus says Yahweh, "Let not a wise man boast in his wisdom, and let not the mighty man boast in his might; let not a rich man boast in his riches, 24but let him who boasts boast in this, that he understands and knows Me, that I am Yahweh who shows lovingkindness, justice, and righteousness on earth; for I delight in these things," declares Yahweh.*

Kimberly Video

FINDING FAITH-INFORMED IDENTITY & CONFIDENCE

A. Keeping You Insecure Is a Top Priority for the Enemy

Galatians 5:6 *For in Christ Jesus...the only thing that counts is faith expressing itself through love.*

☀️ Insight 1: What you _____ affects your feelings about yourself.

B. Face Your “Insecurity” Giants Like Caleb & Joshua

Numbers 13:31-33 *The men who had gone up with Caleb and Joshua (to spy out the promised land which flowed with milk and honey) said, “We are not able to go up against the people, for they are too strong for us.” 32all the people whom we saw in it are men of great size. 33and we became like grasshoppers in our own sight, and so we were in their sight.”*

☀️ Insight 2: What you _____ affects your feelings about yourself.

C. Your Insignificance Makes You Significant in Christ’s Story

1 Corinthians 1:26-31 *For consider your calling, brothers, that there were not many wise according to the flesh, not many mighty, not many noble. 27But God has chosen the foolish things of the world to shame the wise, and God has chosen the weak things of the world to shame the things which are strong, 28and the base things of the world and the despised God has chosen, the things that are not, so that He may abolish the things that are, 29so that no flesh may boast before God. 30But by His doing you are in Christ Jesus,...*

☀️ Insight 3: What you _____ affects your feelings about yourself.

☀️ Insight 4: What you _____ affects your feelings about yourself.

- God is.....
- Out of Christ I am..... but in Christ I am.....

You Must Participate or this is _____.

SHEPHERDING FAITH-INFORMED IDENTITY

A. Begin by Writing a Prayer for Each Child (pg 6)

Psalm 127 1Unless Yahweh builds the house, They labor in vain who build it; Unless Yahweh watches the city, The watchman keeps awake in vain. 2It is in vain that you rise up early, That you sit out late, O you who eat the bread of painful labors; For in this manner, He gives sleep to His beloved.

B. Plan 2 or More Times a Week Fun and Dialogue

Ephesians 4:15-16 but speaking the truth in love, we are to grow up in all aspects into Him who is the head, that is Christ, 16from whom the whole body, being joined and held together by what every joint supplies, according to the properly measured working of each individual part, causes the growth of the body for the building up of itself in love.

- General 3211 Communication Time (pg 5)
- Questions to Ask Son or Daughter (pg 6)
- Strategy When Tempted (as Needed) (Pg 7-8)
- Affective Meditation Challenge (Pg 8-9)
- Five Questions in Fear (Pg 11-12)
- God Is Soevreign Hope-Worl (Pg 13-17)

C. Maintain Spirit-Pleasing Communication (Especially When Concerned)

Ephesians 4:29-32 Let no unwholesome word proceed from your mouth, but only such a word as is good for building up what is needed, so that it will give grace to those who hear. 30And do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption.

D. Seek Forgiveness When You Fail

E. Nurture Biblical Optimism While Avoiding Victim Conversations

****WRITE A SPECIFIC PRAYER FOR EACH OF YOUR CHILDREN ****

Start with your oldest and work down. Base it on their current 1. **GOD-GIVEN STRENGTHS** (that you can see in them); 2. **NEEDS & TEMPTATIONS** (that you are aware of); 3. **TRIALS IN LIFE** (that you know they are going through); 4. **VERTICAL GOALS** (that you have for them as you look into the future) Is there a verse that comes to mind that you can include, if not that is okay - add it later. Give this to your child (if it seems appropriate) and pray it over them later today or next week; commit to praying for them regularly for the next 30 days!

Dear Father, I pray for my precious child, _____,

Dear Father, I pray for my precious child, _____,

3-2-1-1 Communication Exercise (Spiritual Fellowship)

A. For three minutes one person shares uninterrupted with the other person the following (or a few questions of your own choosing):

- 1 Share a few things you are thankful for concerning this particular week or a few specific characteristics/attributes about the Lord that you give praise for today.
- 2 Share something you heard from the Word lately that challenged or encouraged you in obedience.
- 3 Share something that you really appreciate or value about this person
- 4 Share a few specific concerns and prayer request regarding your personal growth

Fill the entire three minutes.

B. Then for two minutes the other person must, as best as he/she can share back what was shared in the three minutes. Try to reflect back, as best you can, not only what was said, but how it was said. This is not a time for this person to correct or argue a statement that was made during the three minutes. It is simply an exercise to help this person learn to listen carefully, and the other to feel heard.

C. Then for one minute the first person can add or embellish anything to what was already shared. He/she could clarify or correct anything the second person said.

D. Finally, for one more minute, the second person prays over the things the first person has shared.

(Now reverse this so that the second person becomes the first and first becomes the second)

QUESTIONS TO ASK YOUR SON or DAUGHTER

1. What are your 3 favorite foods with the most favorite first? Why?
2. What are your 3 favorite activities (recreations, hobbies, etc.) with the most favorite as first?
3. What are your 5 favorite recreations with the most favorite first?
4. What is the funniest thing that ever happened to you?
5. What gifts have you received that you like most? Why?
6. What is your favorite book or verse(s) of the Bible? Why?
7. What is the most fulfilling accomplishment the Lord has allowed you in your life? Why?
8. How much sleep do you need?
9. What are 3 special abilities or talents do you think the Lord has given you?
10. What are 3 things you wish you could change about yourself personality or ability or physically?
11. What things do you wish someone would or could do for you?
12. What do you find most challenging about your job, school, etc throughout the day? What do you find most fulfilling about your job, school, etc?
13. What 3 or more things do you think make up a perfect parent–daughter relationship?
14. What 3 or more weekly relational activities do you think would keep our relationship vibrant?
15. How do you think we can keep God more central in our life personally?
16. If God told you he would give you anything you wanted, like he did Solomon in the Bible, what 1-3 things would you ask for?
17. Where do you want to be in 5-10 years?
18. At the end of your life, what do you want people to be able to say about you?
19. What is one of the greatest disappointments in your life up to this point?
20. Why is forgiveness so important in both our relationship with God and with other people?
21. What do you dislike the most?
22. When was your most embarrassing moment?
23. What is your favorite song?
24. What do you like to do when you're bored?
25. If you could live anywhere where would you live?
26. What place do you most desire to visit? Far away and nearby.
27. What are you most thankful to God for?
28. What is your favorite holiday? Why?
29. What is your favorite holiday memory?
30. Where do you believe we go after death?
31. What is something that always makes you laugh?
32. What is your favorite story to tell?
33. What's your favorite animal? Why?
34. What is your favorite hobby? Why?
35. Do you want to have children? How many?
36. What's your favorite thing you own?
37. What are you afraid of most?
38. What about God brings the most comfort or joy to you?



Biblical Strategy When Tempted

[Watch Teaching by Tim Bryant
WWW.ENCOMPASSVICTORY.COM](http://WWW.ENCOMPASSVICTORY.COM)

Biblical "Hope" Work

AWAY, PRAY, SAY, WEIGH, OBEY by Tim Bryant

Ephesians 6:13 calls us to be ready to stand in the evil day. It is not a question of will you be tempted again but when. Satan left Jesus in the wilderness after tempting him three times but Luke 4:13 says, "...he left Him until an opportune time." You must be prepared for temptation so that you may be able to stand. Ephesians 6:13 commands, "...having done everything to stand firm." I believe there are a few key reasons why we, as children of God, may repeatedly fall into a life-dominating habitual sin.

First, it may be that we are not radically amputating from our life triggers and easy opportunities to sin. Second, we are not radically replacing and occupying our life with God's replacements. The third major reason, I believe, we, as God's children, fail to gain lasting victory over a life-dominating sin is that we do not renew our minds rightly or regularly.

The AWAY-PRAY-SAY-WEIGH-OBEY strategy has helped many do these three things effectively. The rhyming words are a memorable way to arm you or the person you are helping deal with the next "evil day" of temptation as they **develop, memorize and deploy a BST - "Biblical Strategy When Tempted"** as Ephesians 6:13 commands.

AWAY As much as you can, separate yourself from your temptation immediately and go where it will be very difficult to sin, and much easier to do what is right. If a person, place, or thing keeps tempting you, consider wisely how you can reduce its availability or, if possible, remove it altogether. Keep a list of each of these radical amputations and add to them as needed. Get an accountability partner to help you evaluate regularly - it should be someone who is spiritually mature, knows you, your temptations, and understands the importance of this principle - 2 Tim 2:22; Genesis 39:12; 2 Rom 13:14; Matthew 5:29-30; 1 Corinthians 15:33

TRIGGERS THAT MAY NEED TO BE AMPUTATED & HOW TO DO THIS.

PRAY (which could include singing) - Have ready a specific list of prayers or songs that would include Adoration, Confession, Thanksgiving, and Supplication. (Reciting "the Lord's Prayer" is a good place to start - Matt 6:9-13.) Ask God to draw near, sing to God, and call out for grace and strength in your time of need. You are bringing God into the temptation through prayer (see Ps 32:1-7; Ps 50:15; James 4:8).

BIBLICAL SONGS THAT CAN BE ADDED TO THIS PRAYER STRATEGY

SAY Before a person falls into sin, which we all have done, we are saying things to ourselves that fuel our desire to sin - that brings us to the point of no return. Once, I asked a young man who was enjoying a full month of victory over a life-dominating sin what verse was he ready to say if a strong past temptation came knocking on his door. He said he didn't know. I told him he was not well-prepared to maintain the victory. We must learn to be ready to say what God says about the sin that is tempting us. This will help us not rationalize the sin in the evil day and instead will motivate obedience.

Do this by selecting and memorizing Bible verses that declare the following three truths:

- 1) God does indeed say **this is sin**.
- 2) God promises **negative consequences** for those who foolishly commit this sin.
- 3) God promises **innumerable and superior benefits** to those who wisely obey.

WEIGH Ask yourself questions that promote an accurate cost-benefit analysis of the sin versus obedience. Paul instructed this in Romans 6:21-22 when he said, *“Therefore what benefit were you then deriving from the things of which you are now ashamed? For the outcome of those things is death. But now having been freed from sin and enslaved to God, you derive your benefit...”*

Create **Reasons-to-Resist Cards** that contain specific verses that declare one or more of the three truths mentioned above in regard to the sin that is tempting you. On the front side of each card write the verse and on the backside of each card list any questions, observations, or insights that clarify the three truths and motivate obedience.

Hide these in your heart through practicing daily memorization and prayerful meditation on these verses and thoughts at least 10 minutes a day. This strategy will help you effectively renew your mind so that you will not give in *easily* to Satan’s lies in this area of sin. You will be empowered to mount an effective resistance to the deception and desire to sin (Ps 119:11; Eph 4:22; 1 Peter 1:13-16).

CREATE REASONS TO RESIST CARDS WITH VERSES

OBEY Radically replace sin temptations with God’s good provisions. Go make the choice to overcome this temptation and do loving things. Get busy doing the right and responsible things with your time in your relationships, gifts, and callings, and you will not continue to be tempted to do the wrong and wasteful things. Stay occupied with the clear calls of God as you make the most of the time and you will soon be experiencing greater calls and the fruit of the Spirit of love, joy, and peace in multi-dimensional areas of your life. The best defense ultimately against the deceptive lusts of the flesh is to experience the increasing joys of the Spirit-filled life (Eph 5:18; Ga 5:16ff. 1 Timothy 4:7-8; Psalm 34:8 Jesus promises in John 4:14, *“Whoever drinks of the water that I will give him will never thirst again;”* see also Gal 6:8-10; Gal 5:22-24; Rom12:21; 1 Cor 16:13-14).

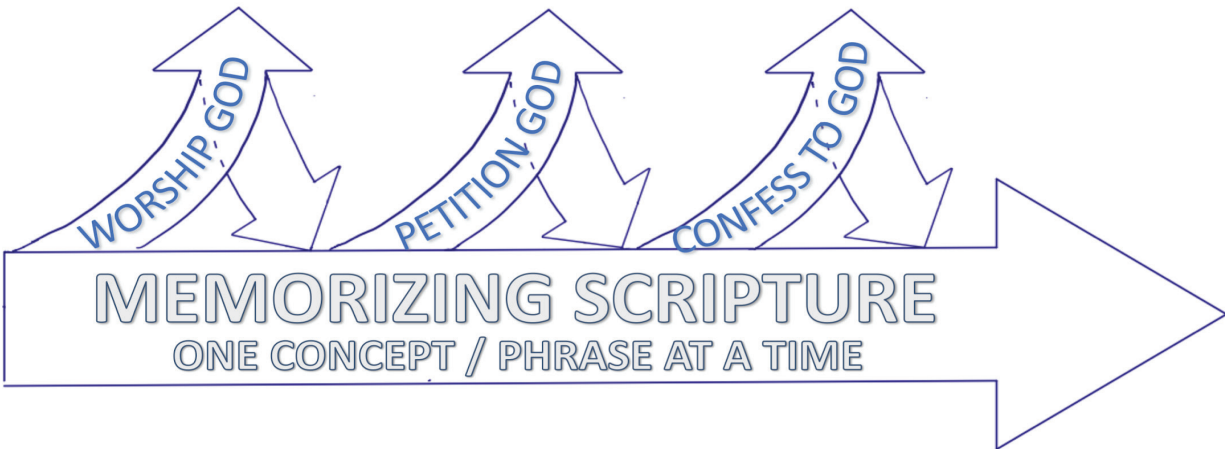
ADD ONE GOD-GIVEN REPLACEMENT WHEN TEMPTED

BEFORE YOU FALL, CALL 1 Corinthians 10:13 says that God will provide you a way of escape. Sometimes God’s way of escape is to go tell someone overseeing your spiritual growth that you are being tempted. God will at times require us to humble ourselves in such ways by involving spiritual leaders like this before he will give us the power to say no and overcome the sin (See Heb 3:12-13; 1 Peter 5:4-5). Have a list of 3 people you can call.

How to Affectively Meditate on the Word

By Tim Bryant

Developing the Essential Habit of Christian Life



"How to Let the Word Dwell in You Richly with All Wisdom – Col 3:16"

Choose a Passage to Memorize: _____

Do not try to memorize too many passages at once, in fact it seems best for many to choose one extended passage at a time for a few weeks, and then move on to another passage.

Method of Memorization:

Always begin by asking God to give you life-changing insight by the power of the Holy Spirit as you reflect on His glorious Word (2 Tim 2:7). Take a moment to hunger and thirst after Christ's righteousness as you memorize and you will be filled (Matt 5:6; 1 Pet 2:1-3). Write out the verse on a 3X5 card (or to fit more on a page, write the first letter of each word on the 3X5 card); learn the verse a phrase at a time; repeat the first phrase until you can say it with ease. Practice it out loud if possible – or under your breath emphasizing different words each time. Continue this meditation process until you have the entire passage memorized. Commit to working on this 10 minutes 1-2X a day (at breaks, while waiting for something or someone) Many have found it best to practice this meditation on a 15-20 minute walk each day.

What to Do As You Are Repeating the Phrases

As you are repeating the phrase, think about the meaning of each word or concept. Identify what this passage is calling you to believe about God, self, others, circumstances, etc? Think about when you can apply the instructions or should have applied but failed? Allow this consideration and memorization of each phrase to be briefly "interrupted" by the following three things (i.e. the three-stranded rope of meditation)

- 1) Worship and Thank God in light of these truths
- 2) Confess Sin and Premeditating Obedience in light of these truths
- 3) Petition Christ & Intercede for Others for power to believe, desire and do these truths

When to meditate?

1. Practice Scheduled Meditation (or deliberate as the Puritans spoke of it) - Do this type of meditation before temptation as a Worshipper exercising your spiritual reflexes of surrender, trust, love, hope, compassion, fear, etc. Many of those who effectively change do this type of meditation on what we term a worship walk around the block or somewhere in nature (Use the method above.)

2. Practice Occasional Meditation - Do this throughout the day in obedience to “pray without ceasing” in whatever happens. Whereas structured worship walks makes new the heart, occasional meditation makes the new heart a habit or a more settled disposition. Here is an example from Matt 6:25-34. Jesus taught worriers to practice occasional meditation. While we are on a walk Jesus says “look at the birds” and “consider the lilies” and let it call you to trust in your Father to care for what you worry about.

3. Practice Remedial Meditation - Do this to recover the heart from a moment of strong urge or impulse to sin - in the moment of temptation to return to wrong desires, thinking and sinful attitudes. Your heart can begin to listen and believe once again that the promise of sin's pleasure will this time be truly fulfilled and that one sin will not destroy the good. Ps 32:7 proclaims that songs of deliverance will surround the one entrapped or held captive to their enemy. We need this in times of fear and temptation to sin.

Test Yourself

- Can I recall it with ease?
- Do I understand important terms and concepts in the passage?
- Am I able to discern various ways this applies to my life, relationships and situation?
- Am I clear on the motivations for obedience found within the passage and am I actually motivated by these?
- Am I practicing what this passage is teaching me by recalling it to mind in the challenging relationships, responsibilities, and circumstances of the day?

An Example

1 Peter 1:6-7

In this you greatly rejoice (your salvation and eternal inheritance), even though now for a little while, if necessary, you have been distressed by various trials, so that the proof of your faith, being more precious than gold which is perishable, even though tested by fire, may be found to result in praise and glory and honor at the revelation of Jesus Christ

Here is the first letter of each word of the above passage:

I t y g r, e t n f a l w, i n, y h b d b v t....

Do this with each key verse that helps you learn essential truths about God, you, others, circumstance, commands. As you are learning them, let the truths inform and inspire your faith and wisdom so you will be able to use them to renew yourself in temptations and faithless responses arise. Go for a 15-25 minute walk daily, if possible and work on hiding these in your heart using the above method.

Five Questions in Fear-Temptation

[Watch Teaching By Tim Bryant](#)

Biblical "Hope" Work

The following questions are a practical, biblical method to help you discern what God would have you do and how he would have you think when tempted to fear. It is intended to help you remember to live by faith, which will produce obedience and growth in love. But if we live by fear, then disobedience, lack of love, and unsound (illogical) thinking will grow in us.

Are you ever tempted to do or not do something simply because you are afraid of something bad occurring? Maybe you are tempted to wake someone up in the middle of the night or call to ask them the same question for the tenth time. Maybe fear controls you to spend an inordinate amount of time or money on a project at the expense of being faithful to more important relationships or responsibilities. Maybe you are tempted because of your fear to not go somewhere - a social event or an outing. When these fear-temptations occur, the overcoming Christian must not merely listen or ignore their feelings of anxiety and fear, you must destroy them by renewing your faith. If the fear leads you to unloving actions, you must put it to death in the mind and actions in light of God, His promises, and perspectives. You must follow God and Truth, not your fears. You are a slave to the one you obey and will reap good or bad based on the one choose to obey. Here are five questions to help you renew your mind and follow God in fear.

1. What am I afraid of happening and what is the worst that could happen?

(What is the root of my fear according to the examples of Rom 8:6; Rev 12:11; Acts 20:22-24; Phil 1:19-21?)

2. What are the "chances" of that happening?

Do a "Reality Check". What do you believe is the likelihood of the worst actually happening: (5) Imminent, (4) Probably, (3) Possible, (2) Unlikely, (1) Extremely Rare/ Impossible? What do you believe are the percentage "chances" of that happening? Yet, how likely do you feel it could happen? **2 Timothy 1:7** says God has not given us the spirit of fear...but of sound mind or judgment. Is your judgment unsound (i.e. illogical) or sound?

3. Who is in charge of that happening?

Find 3-5 convincing proofs of God's Sovereignty in Scripture. You can use verses from the "[Behold Your God](#) meditation sheet or [Biblical Solutions to Fear-Based Compulsions](#). Spend time each day hiding these truths in your heart and reviewing it when you are tempted to fear. Use [How to Effectively Meditate on the Word](#) or [Practical Biblical Meditation](#). Find songs that echo these truths about God and sing them in worship. Who do you tend to believe is in charge of what you fear instead of God? (Ps 127:1-2; Is 57:11; Eph 1:11)

4. What does God's Word call me to do and not do when tempted by this fear? Why? Ask yourself, "What is and is not most loving? What is and is not my responsibility before God?" You may need help sorting this out biblically. Look through the right column of [What Does it Really Mean to Trust God](#), [Freedom Over Anxiety](#) or [Sorting Out Responsibilities](#). (Look at what is commanded and why in Matt 6:24-34 and the book of 1 Peter. Both are premiere examples answering this main question well.)

5. What does God promise that I can trust Him for if I obey him when tempted by this fear? See Proverbs 3:5-6, 1 Peter 3:13-17, Romans 8:28-29. For further help see "[What Does It Really Mean to Trust God](#)"?)

For more in depth study, watch 2-part training on "[Fear, Worry & Anxiety](#)" at www.lcbcc.org .

a. **Description: He is above all in His rule and is the source of power behind all (He is supreme and chief in rule, majesty, governance, authority and autonomy)**

b. **Key Verses to Memorize:**

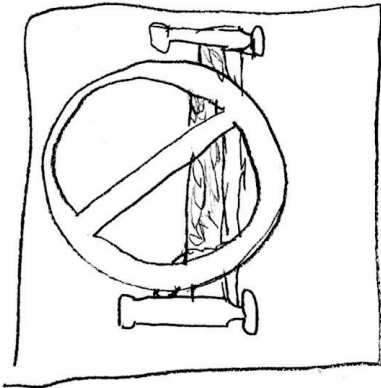
- 1 Timothy 6:15-16 - He is the only Sovereign, King of kings.....
- Psalm 103:19 - and His sovereignty rules over all.

c. **Related Attributes, Descriptions, Titles:**

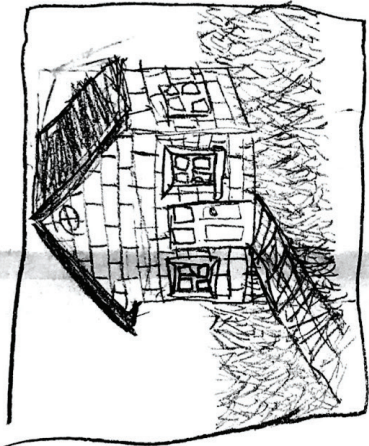
1. **Omnipotent** - All Power is His – Luke 1:37; Ps 62:11
2. Unfathomably **Great** – Ps 145:3
3. **Source** and Head of All - 1 Chr 29:11-12
4. **Works out everything** according to His counsel and will – Eph 1:11
5. **Nothing is impossible** for Him – Jer 32:17-19; Luk2 1:37
6. Reigns in **majesty**, girded with **strength** – Ps 93:1-2
7. **King** and Lord of all – Ps 47:7-8– Is 6:1; Rev 17:14; Rev 19:16
8. The **Ruler & Authority** – Ps 66:7
9. **Possessor** of Heaven and Earth – Gen 14:19
10. **Reigns** over nations – Ps 96:10
11. **Owner** & Possessor of All – Gen 14:22; Ps 104:24
12. **Does whatever He pleases** – Ps 115:3; Ps 135:6
13. **Takes His Stand** - Ps 82:1
14. **No One Can Stand Against Him**– 2 Chr 20:6; Job 41:10
15. **Speaks and it occurs** – Is 55:11; Heb 11:3; Heb 1:3; Ps 29:4
16. No one can speak and it occur unless **He commands** it – Lam 3:37
17. **He turns heart of kings** wherever He wishes- Prov 21:1
18. Both Good and Calamity Come From **His mouth** – Lam 3:38; Is 45:7
19. Not one sparrow will fall to the ground **apart** from your Father- the very **hairs** of your head are all numbered – Matt 10:29-30; Ps 139:16; Heb 9:27
20. All the billions of **stars** and millions of galaxies are called out by name, because of His power not one is missing – Is 40:26
21. All inhabitant of earth are counted as **nothing**; nations are nothing, less than nothing – Is 40:15, 17, 23, 24
22. Reduces rulers to nothing, makes judges meaningless, He merely **blows** and they wither
23. He causes **growth** – 1 Cor 3:6-7
24. He **builds** the house and **guards** the city – Ps 127:1-2; Ps 33:16-17
25. He does not sleep or slumber nor grow **weary** – Ps 121:4-5; IS 40:28
26. Any gifts and strengths are from Him – 1 Cor 4:7
27. Gives Ability to create **wealth** – Deut 8:18
28. Created good works for us beforehand, every day already **ordained**, end of our earthly life already **appointed** – Eph 2:10; Ps 139:16; Heb 9:

EXAMPLE

A young boy drew these pictures to help him connect God's sovereignty with his particlar fears and worries.. Draw your own pictures based on specific passages that communicate God Is Sovereign to you. Choose those verse that best help you replace specific things you are afraid of with a trust in God so you can live confident and loving in the face of your particlar and specific worries.



Ps 121:4
BHWKIKIWN5MS

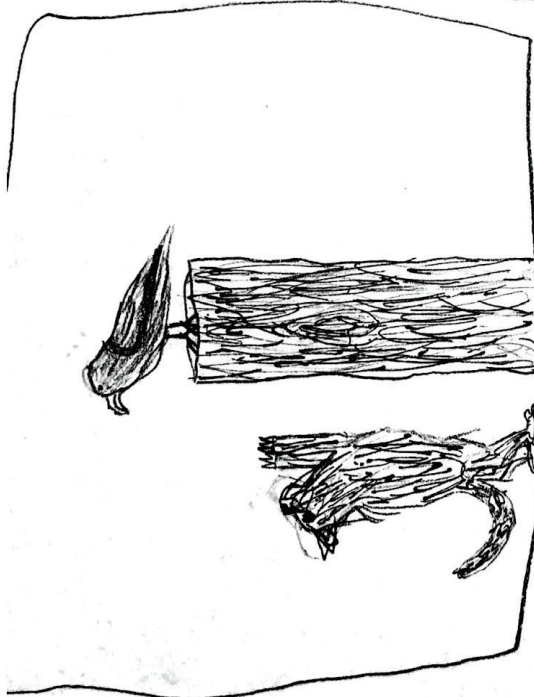


Ps 127



Ps 34:7

T A o t L e a t w f h, a d t



Mat 10:29

W i t p o t s - o c c ?
B N a s s c f t + g w y
K F K i

- d. **Apply the following process to help you more fully grasp the glory of God's Sovereignty:** Pick 3-5 related descriptions, attributes, or titles of God from the above list. On another sheet of paper write them out. Draw a picture for each of these glories of God. Pick three songs that remind you of these. Choose to work on memorizing all of these 15-30 minutes a day. When the temptation to be controlled by a fleshly attitude, action or emotion comes, use this as a script to prayerfully rehearse until the temptation passes and you regain your spiritual stability.
- e. **Illustrations of God's Sovereignty** (Can you name 2-3 examples of God's Sovereignty in Creation, In Christ, In Scripture, In History, In Others' Lives, and In Your Life?)
- f. **Illustrations of Right Responses to "Seeing" God's Sovereignty** As you consider each "hero of the faith" below, ask the question, "What specific aspect of God's sovereignty or one of the other key attributes empowered this heroic response?" If studying the example of the faithless below, ask yourself the opposite - what aspect of God's sovereignty or one of the other key attributes would have empowered a change. Then apply this to you. After this answer the question, "How does more fully grasping this glory of God **confront, correct, comfort, or compel** me in actions and attitudes as I deal with others, handle my challenges, and fulfill my responsibilities?"
1. Jesus before Pilate – John 19:11
 2. Jesus dealings with Herod - Luke 13:31-35
 3. Shadrach, Meshach, and Abednego before Nebuchadnezzar 0 Dan 3:13-18
 4. King Nebuchadnezzar after his humbling - Dan 4:34-35
 5. Paul's view of Christian growth - 1 Cor 15:10; Phil 2:14-15; Eph 2:10
 6. Boasting in gifts and talents - 1 Cor 4:7
 7. Caleb and Joshua after spying out the good and dangers of the promised land - Numbers 13
 8. Jehoshaphat Declaring absolute dependency in face of inevitable destruction - Ps 118:6
 9. Early Church's model prayer in light of suffering in Acts 4:23-31

